

# USER MANUAL

## HyperJump 3 Springless Trampoline



Find the Digital  
Manual Online



**WARNING:** The disassembled product may contain small parts which pose a choking hazard to children under 3.

### IMPORTANT:

This product may contain sharp points and small parts prior to assembly. The owner's manual contains safety, assembly, use and maintenance instructions. This product must be assembled by an adult who has read and understood these instructions. Keep the packaging away from children and dispose of all packaging before use.

*For the installer and your children's safety, it is important to fully read and understand the instructions and safety hazards before commencing the assembly of the product.*

### NOTE:

This manual should not be used to guide your purchasing decision. Your product, and the contents inside its carton, may vary from what is listed in this manual. This manual may also be subject to updates or changes. Updated manuals are available through our website at [www.lifespankids.com.au](http://www.lifespankids.com.au).

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# I. GENERAL SAFETY INSTRUCTIONS

## 1.1 PURPOSE

This product is intended for indoor and outdoor, home, domestic use only. It is not suitable for commercial or medial use.

NOTE: Do not exceed the weight limit of the trampoline.

| SIZE         | 8FT   | 10FT  | 12FT  | 14FT  |
|--------------|-------|-------|-------|-------|
| Weight Limit | 100kg | 100kg | 125kg | 140kg |

## 1.2 DANGER FOR CHILDREN



**WARNING:** Trampolines over 51cm (20 inches) in height are not recommended for children under six years of age.

**WARNING:** No eating while jumping.

- Children do not recognize potential dangers from this product. The product must be stored out of reach of children and pets.
- This product may only be used with adult supervision at all times.
- The packaging material is not suitable for children due to choking and suffocation hazards.

## 1.3 RISK OF INJURIES

- Do not use the product if it is damaged or defective. If it is damaged or defective, please contact a qualified technician.
- Check the product before each use. Defective parts must be changed immediately as they can impair the function and the safety of the product.
- No more than one person to use the product at the same time.
- Use the product only on even and non-slipping surfaces. Never use it near water and keep sufficient space around for safety.
- Beware of moving parts such as the springs or elastics, which could catch your arms and legs. Do not place any objects or body parts in the product's openings.

## 1.4 PRODUCT DAMAGE

- Do not make alterations to the product. Only use original spare parts. Qualified technicians should only carry out repairs – improper repairs can lead to danger for the user. Use this product only as described in this manual.
- Protect the product against splashes, humidity, high temperature and direct sunlight.

## 1.5 ASSEMBLY ADVICE

- The assembly of the product must be done carefully and by an able-bodied adult. If in any doubt, ask a technically qualified person.
- Before you start with the assembly, read the instructions carefully.
- Remove all packaging materials and lay down all parts on an open space. This gives you an overview and simplifies the assembly procedure.
- Check with the parts list that all parts are available. Dispose of the packaging material when the assembly is completed.
- Beware that when using tools or doing technical work, there is always a risk of injuries. Assemble the product with care.
- Create a danger free environment; for example, do not let tools lay around the workspace. Store the packaging material in a way that cannot cause any danger.
- After installing the product according to the instruction manual, ensure all screws, bolts and nuts are correctly installed and tightened and that all joints are secure.
- A free space of at least 9.5m is necessary above the trampoline. Reasonable space must be kept between the trampoline and possible sources of danger, such as power lines, tree branches, playing devices, swimming pools and fences.
- The trampoline must be assembled correctly before use.
- Never set up the trampoline in heavy rain, wind or storm conditions, especially in lightning conditions. It is recommended that the trampoline be taken apart and stored in bad weather.
- Place the trampoline on a level surface at least 2 m from any structure or obstruction such as a fence, garage, house, overhanging branches, laundry lines or electrical wires.
- Trampolines shall neither be installed over concrete, asphalt or any other hard surface nor at proximity of other conflicting installations (e.g. paddling pools, swings, slides, climbing frames).
- Modifications made to the original trampoline (e.g. the adding of an accessory) shall be carried out according to the instructions of the manufacturer.

- The metal frame of the trampoline will conduct electricity. Lightning, extension cords and all electrical equipment must never be allowed to come in contact with the trampoline.
- The trampoline must always be used in a well-lit area.
- Do not place anything under the trampoline.
- Use gloves during assembly and disassembly.
- Outdoor trampolines should be equipped with a device that in strong wind conditions avoid displacement due to wind (e.g. steel bars in the ground or loads like sand bag or water bags) and/or items catching wind like net and mat should be removed.
- In certain areas during winter, snow buildup and the low temperatures can damage the trampoline. It is recommended to remove snow buildup and to store the mat and the enclosure indoor.
- Replace the enclosure after 2 years of usage. This time indication is highly effected by weather conditions and the amount of UV exposure the trampoline is subject to. We strongly recommend visual inspections every 3 months to insure the integrity of the entire trampoline. Replace any parts as necessary.

## II. SAFETY INSTRUCTIONS

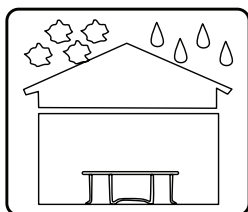
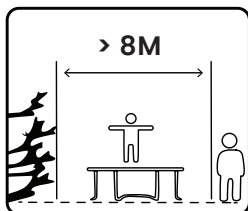
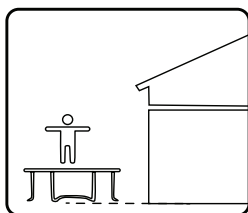
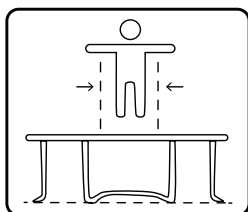
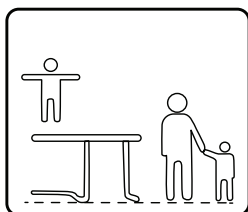


**WARNING:** Do not land on the head or neck. There is the danger of paralysis or death, even if landing in the center of the trampoline. No somersaults should be attempted, in order to avoid danger of a head or neck landing.

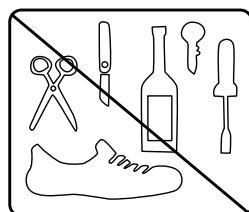
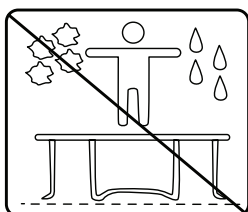
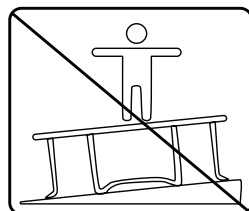
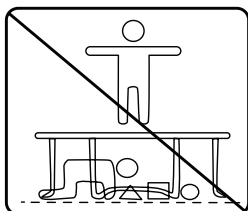
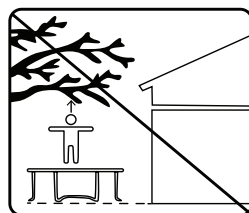
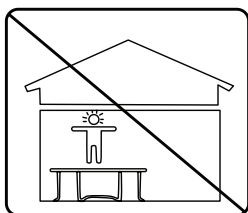
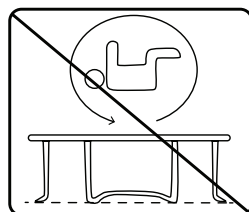
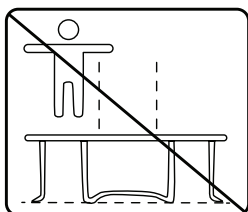
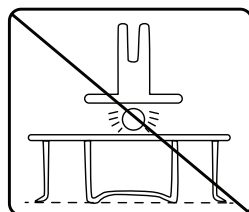
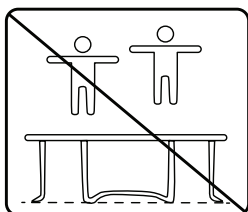


**WARNING:** One person only at a time may use the trampoline. All children must be supervised while using the trampoline. Several persons jumping at the same time on the trampoline will increase the danger of control loss, collision or falls. This can lead to serious injury.

### DO's



### DON'Ts



- The safety instructions of the product should always be considered and obeyed.
- Using the product may result in permanent injury such as paralysis, or even death. Falling off the product may lead to injuries, particularly to the back, neck or head.
- No clothes with hooks or loose parts should be worn or carried during product usage in order to avoid hooks getting caught and causing injury.
- Strong winds can result in the product being blown away or damaged. If strong winds are predicted the product must be disassembled and moved to a sheltered area or sufficiently anchored down.
- Moving the product whilst assembled may affect the integrity of the frame. Should it be necessary to move the product, please consider the following:
  1. At least four people must be evenly spaced around the frame to lift the trampoline off the ground.
  2. The product must be carried horizontally.
  3. Use caution whilst moving as it could bend the trampoline frame. If this occurs, use four people to draw the trampoline in shape.
- Users should be familiar with the assembly manual. This manual contains assembly guidance; selected precautionary measures as well as recommendations for servicing and maintenance of the trampoline, in order to ensure a secured and fun use of the Trampoline.
- It is the responsibility of the owner or the supervisor to guarantee that all users of the product are informed sufficiently of all warning references and safety instructions.

### **For the supervisor**

The supervisor's role is to make sure users are aware of all safety precautions and that these precautions are enforced. When a supervisor is not available, the product may be disassembled or covered to limit access.

- Do not recommend this trampoline for children under 3 years of age.
- The trampoline can be only used, if the jumping mat is clean and dry. Worn or damaged jumping mats should immediately be replaced.
- Objects, which could be dangerous to the user, should be away from the trampoline.
- Avoid unauthorized and unsupervised use of the trampoline.
- Do not use the trampoline under influence of alcohol or drugs (incl. medicines).
- Learn the fundamental jump and body positions carefully, before trying difficult jumps.
- Stop jumping by bending your knees when your feet come to contact with the trampoline. The skill of braking should be used whenever you lose balance or control from a previous manoeuvre. Loss of balance or control will increase the risk of injury from landing on the frame, springs or completely off the trampoline. A controlled jump is considered landing on the same spot that you took off from. If you do lose control when you are jumping on the trampoline, bend your knees sharply when you land and this will allow you to regain control and stop your jump.
- Climb onto the trampoline. Do not jump on it directly. Do not use the trampoline as jumping board for other articles.

## 2.1 ACCIDENT CATEGORIES

### **SOMERSAULTS**

A landing on the head or neck increases the risk of neck and back injuries, which can lead to paralysis and sometimes death. This can occur if the user makes an error and falls forward or backward. No somersaults should be attempted on the trampoline.

### **CLIMBING ON OR OFF THE TRAMPOLINE**

The trampoline's jumping mat is approximately one meter above the ground. Jumping off the trampoline onto the ground or another surface can lead to an injury. Jumping onto the trampoline from a building roof, a terrace or other objects can lead to injury. Small children need assistance when climbing on or off the trampoline. Be careful when climbing on and off the trampoline. Do not step on the padding or the framework. Do not use the framework for climbing on or off the trampoline.

### **HITTING THE FRAMEWORK OR THE SPRINGS**

Stay in the centre of the mat when playing jumping on the trampoline. This will reduce the risk of injury from landing on the frame or springs. Always keep the padding covering the frame of the trampoline. **DO NOT** jump or step onto the frame pad directly since it is not intended to support the weight of a person.

### **LOSS OF CONTROL**

When users lose control of their jump, they can land incorrectly, on the framework, on the padding or fall off the trampoline. A controlled jump is one where the jumper lands and jumps from the same spot. If a manoeuvre is attempted, which exceeds the abilities of the jumper; there is a danger of losing control and increased chance of injury. In order to regain control of the jump and land correctly, knees should be completely bent upon landing.

### **UNDER INFLUENCE OF DRUGS OR ALCOHOL**

The probability of an injury rises if the user is under the influence of alcohol or drugs. These substances weaken the response, the faculty of judgment, the space awareness, the coordination and the motor functions of the user.

### **COLLISION WITH OBJECTS**

While using the trampoline, persons, animals or articles under it will increase the probability of an injury. Jumping on the trampoline whilst carrying an article, increases the probability of an injury. Placing the trampoline too close to electric wires, tree branches or other obstacles will also increase the probability of an injury.

### **BAD MAINTENANCE OF THE TRAMPOLINE**

Users can hurt themselves if the trampoline is in bad condition. A torn jumping mat, bent framework, missing cushioning or missing framework must be replaced before using the trampoline again. The trampoline should be examined before each use.

### **WEATHER CONDITIONS**

A wet jumping mat is too slippery for safe jumping. Gusty or strong winds can lead to a loss of jump control when jumping. In order to lower the probability of an injury, the trampoline should be used under suitable weather conditions only.



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### III. ASSEMBLY INSTRUCTIONS

| MODEL        | 8'    | 10'   | 12'   | 14'   |
|--------------|-------|-------|-------|-------|
| Size         | 244cm | 304cm | 366cm | 426cm |
| Total Height | 246cm | 270cm | 270cm | 270cm |
| Jumping Mat  | 76cm  | 90cm  | 90cm  | 90cm  |

#### Frame Specifications

| MODEL       | 8' | 10' | 12' | 14' |
|-------------|----|-----|-----|-----|
| Frame Cover | 1  | 1   | 1   | 1   |
| Jumping Mat | 1  | 1   | 1   | 1   |
| Top Rail    | 6  | 6   | 8   | 8   |
| Metal Clips | 42 | 60  | 72  | 80  |
| Leg         | 6  | 6   | 8   | 8   |
| Tools       | 1  | 1   | 1   | 1   |
| Ladder      | 1  | 1   | 1   | 1   |

### 3.1. PARTS SURROUND

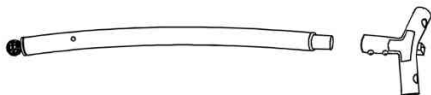
8FT MF083001 6pcs  
10FT MF103001 6pcs  
12FT MF123001 8pcs  
14FT MF143001 8pcs

FRAME RAIL, TOP



8FT ML3801 6pcs  
10FT ML3802 6pcs  
12FT ML3802 8pcs  
14FT ML3802 8pcs

LEG SET



8FT MP08 2501 6pcs  
10FT MP10 2501 6pcs  
12FT MP12 2501 8pcs  
14FT MP 14 2501 8pcs

LEG BASE TOP + BOTTOM



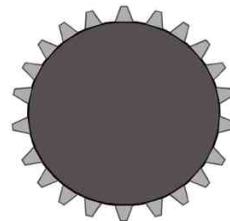
8FT MFO82501 6pcs  
10FT MF102501 12pcs  
12FT MF122501 8pcs  
14FT MF142501 16pcs

BOTTOM FRAME RAIL



8FT JPL0842 1pcs  
10FT JPL1060 1pcs  
12FT JPL1272 1pcs  
14FT JPL1480 1pcs

JUMPING MAT



8FT P0801 1pcs  
10FT P1001 1pcs  
12FT P1201 1pcs  
14FT P1401 1pcs

SAFETY PAD



8FT SL5701 42pcs  
10FT SL5701 60pcs  
12FT SL5701 72pcs  
14FT SL5701 80pcs

SPRINGLESS HOOK



8FT B8648 12pcs  
10FT B8648 12pcs  
12FT B8648 16pcs  
14FT B8648 16pcs



BOLT 1

#### TOOLS



8FT/10FT B6070 6pcs  
12FT/14FT B6070 8pcs



BOLT 2

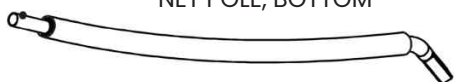
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14FT B6032 8pcs



BOLT 3

8FT / 10F MP2501 6PCS  
12FT / 14FT MP2501 8PCS

NET POLE, BOTTOM



8FT / 10F MP2501 6PCS  
12FT / 14FT MP2502 8PCS

NET POLE, TOP



8FT / 10F SLEEVE 6PCS  
12FT / 14FT SLEEVE 8PCS

SLEEVE



8FT S0801 1PC  
10FT S1001 1PC  
12FT S1201 1PC  
14FT S1401 1PC



Metal surround Circle

#C1-8FT 1055mm 6PCS  
#C1-10FT 1040mm 8PCS  
#C1-12FT 930mm 11PCS  
#C1-14FT 1005mm 12PCS

#C1



Metal surround Circle Connector

#C2-8 FT 6PCS  
#C2-10FT 8PCS  
#C2-12FT 11PCS  
#C2-14FT 12PCS

#C2



Blots used for surround Circle

#P+#Q-8 FT 12PCS  
#P+#Q-10FT 16PCS  
#P+#Q-12FT 22PCS  
#P+#Q-14FT 24PCS

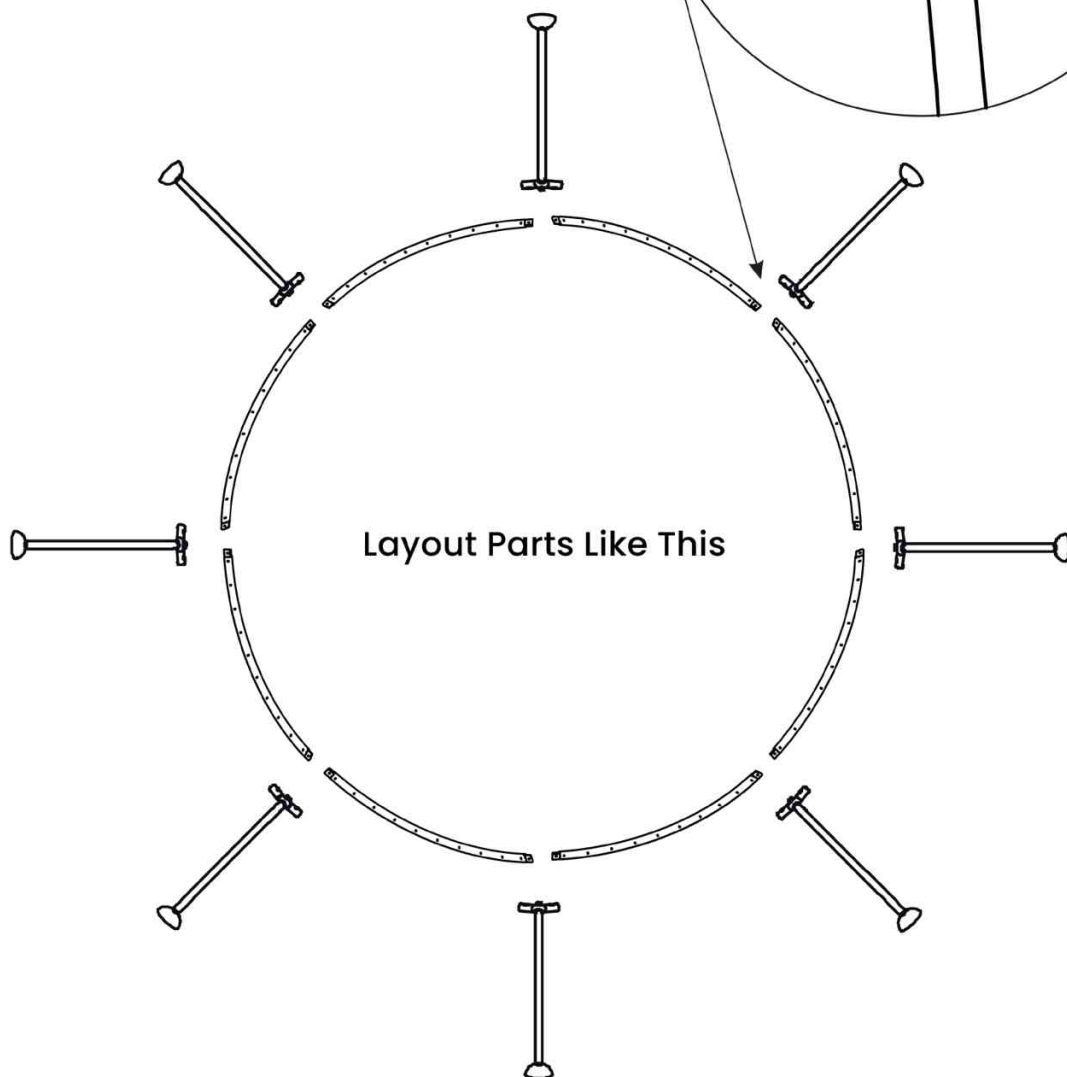
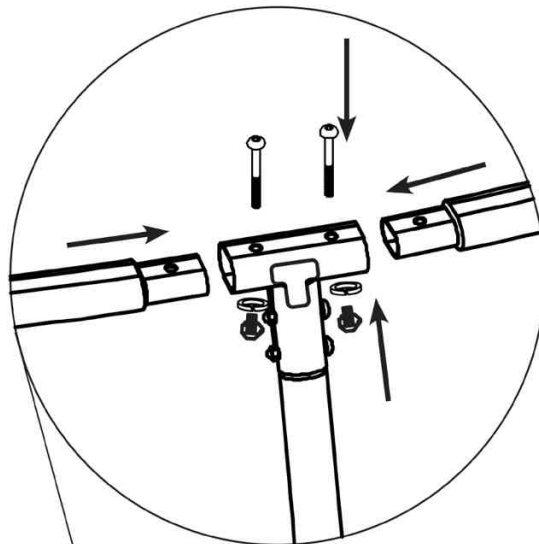
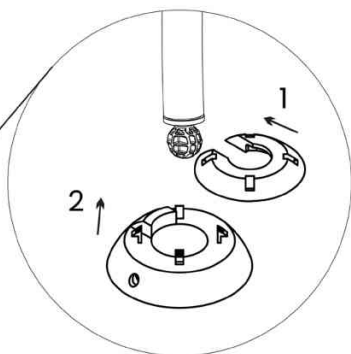
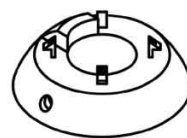
#P + #Q



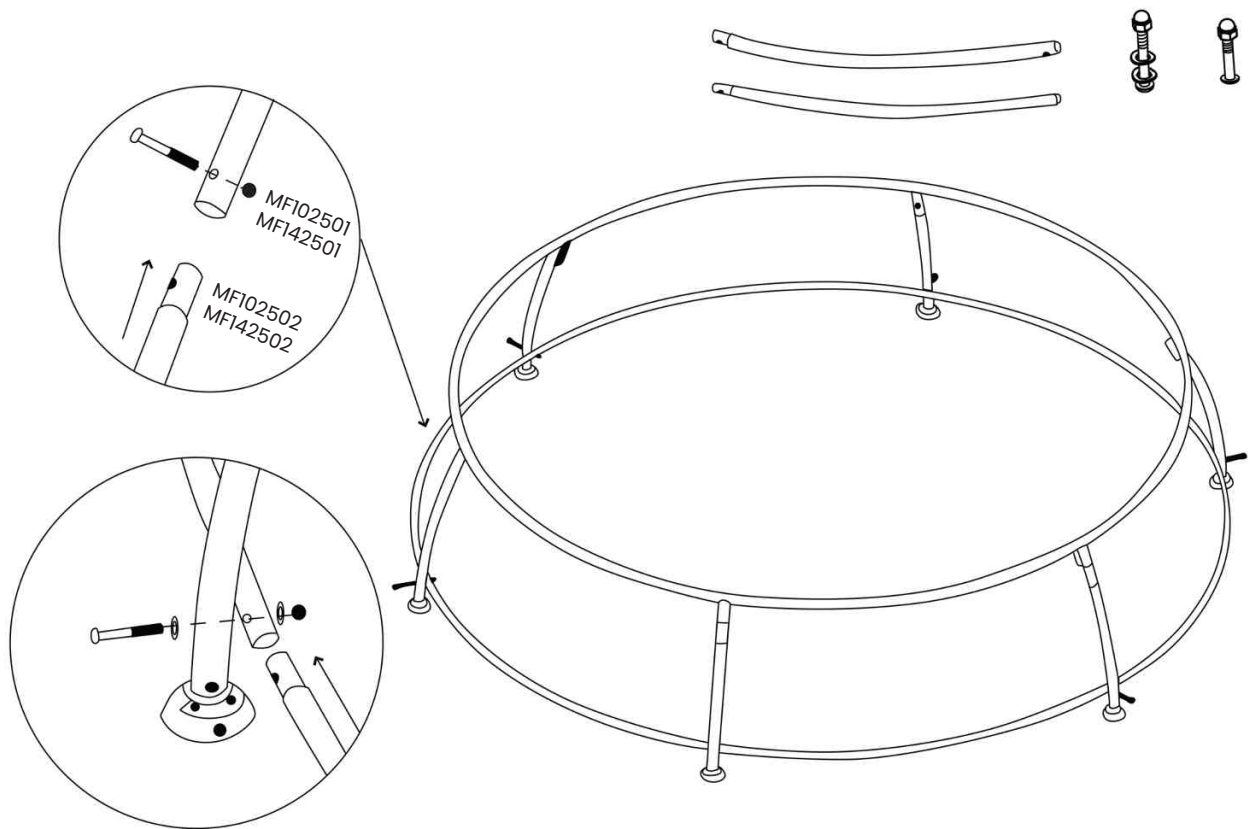
#1 + #R



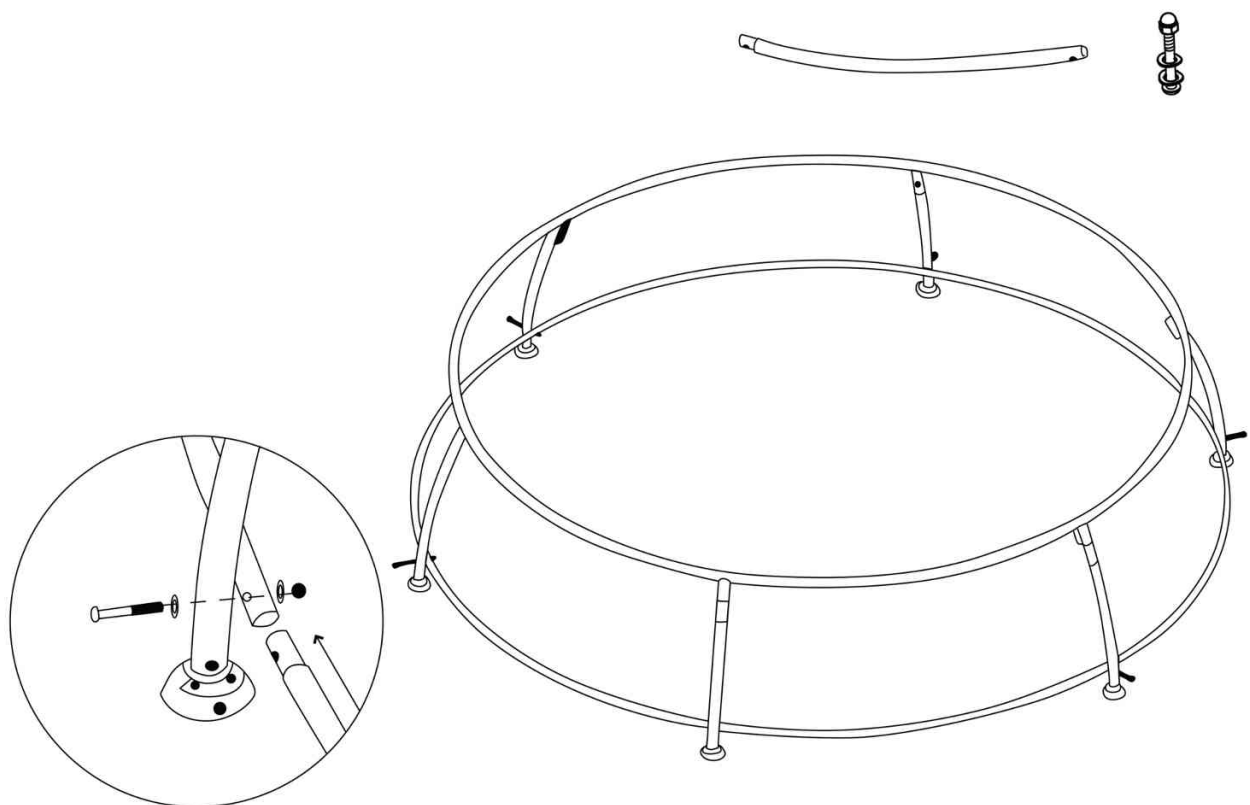
### 3.2. FRAME ASSEMBLY



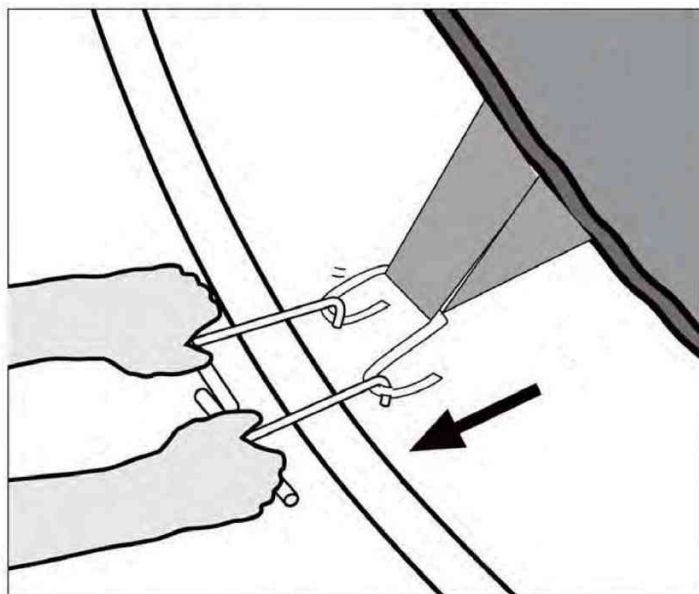
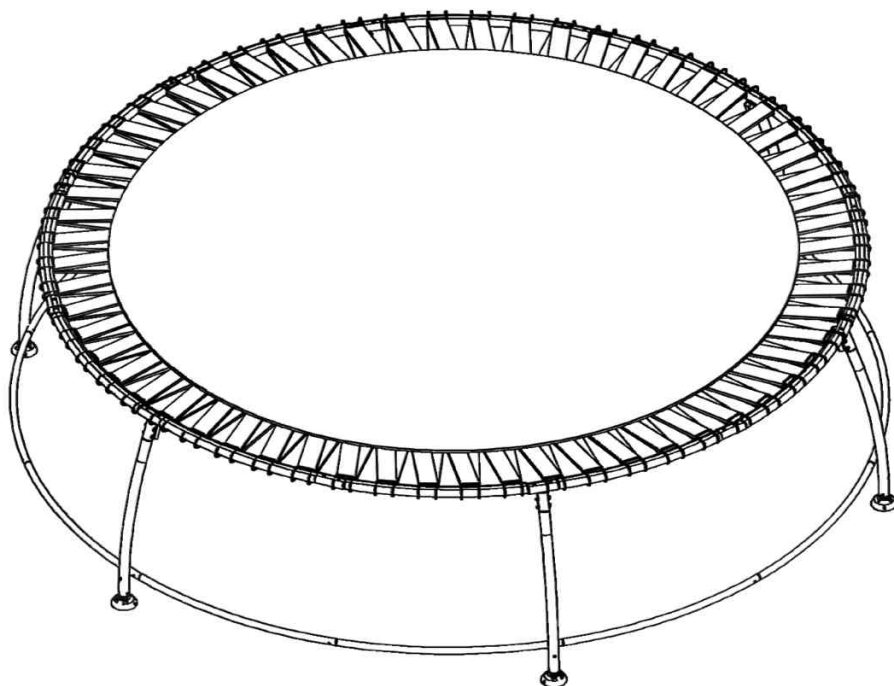
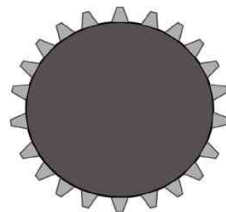
### 3.2(A) 10FT, 14FT BOTTOM FRAME ASSEMBLY



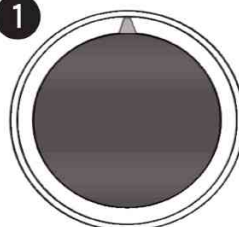
### 3.2(B) 8FT, 12FT BOTTOM FRAME ASSEMBLY



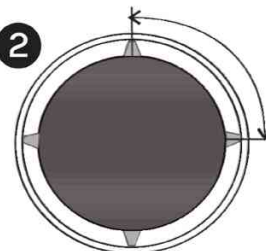
### 3.3. MAT ASSEMBLY



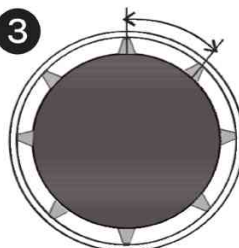
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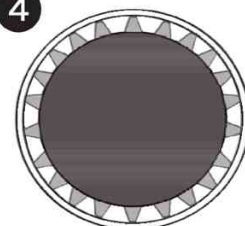
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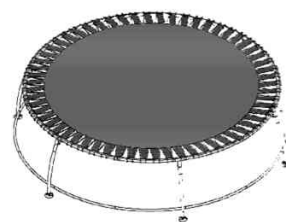
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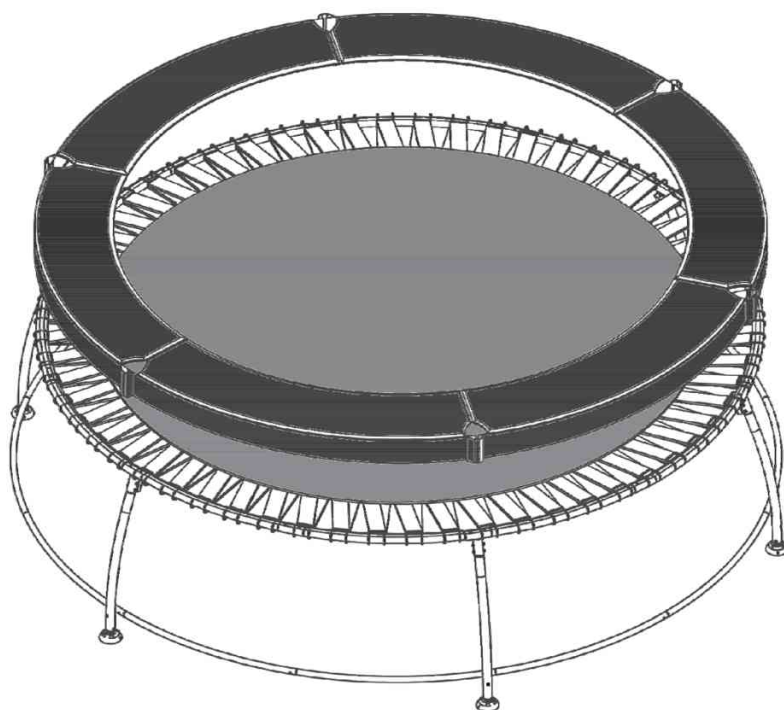
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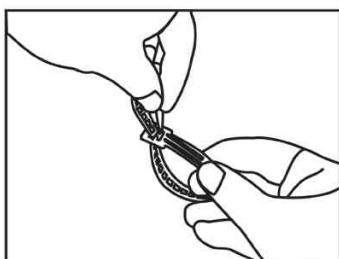
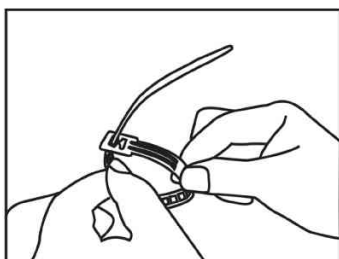
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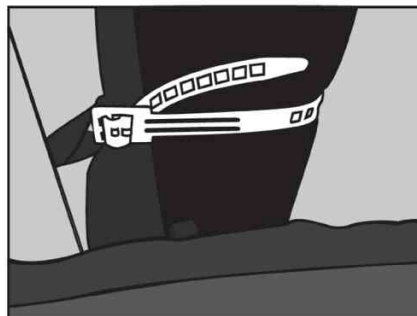
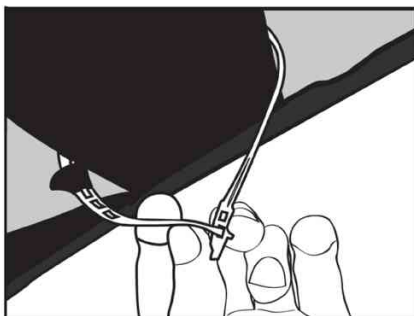
### 3.4. FRAME PADDING ASSEMBLY



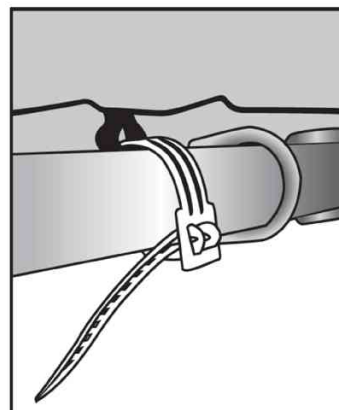
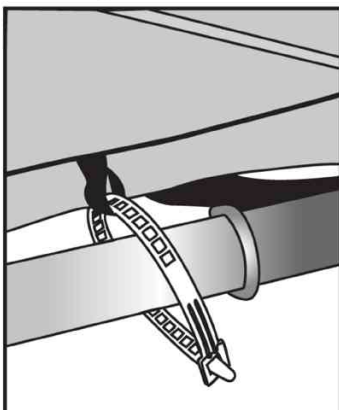
How to thread removable cable tie



1. Attach pads to springless webbing

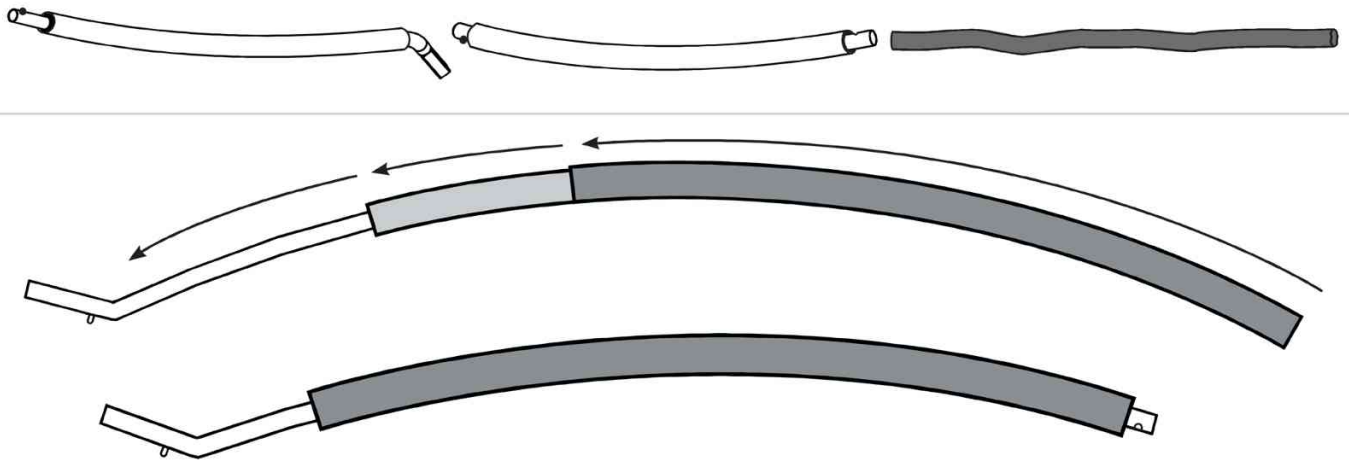


2. Attach pads to frame rail





### 3.5 UPRIGHT POLE ASSEMBLY

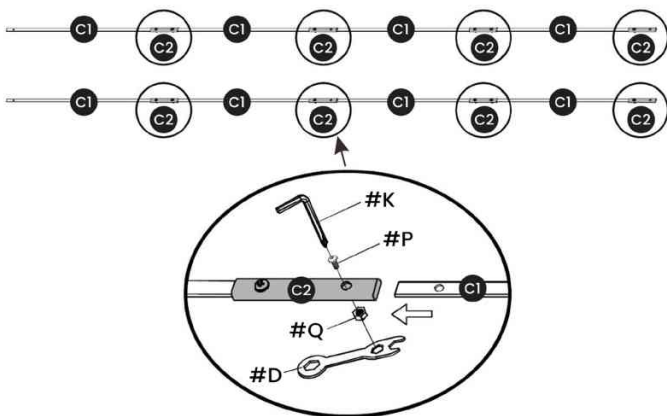


### 3.6 SURROUND TOP CIRCLE ASSEMBLY

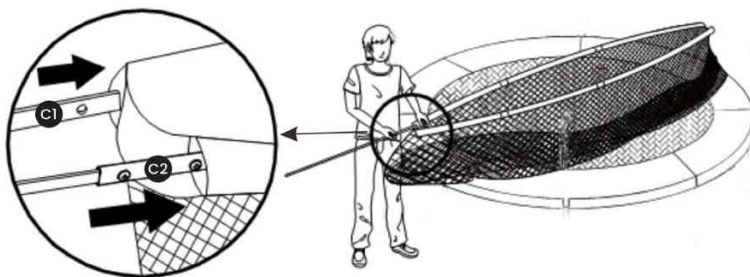
1

#### ! WARNING

Please make sure to securely fasten the Flat Steel Bars together. Failing to do so may increase the chance of injury due to the enclosure frame snapping apart during assembly or trampoline use.



2



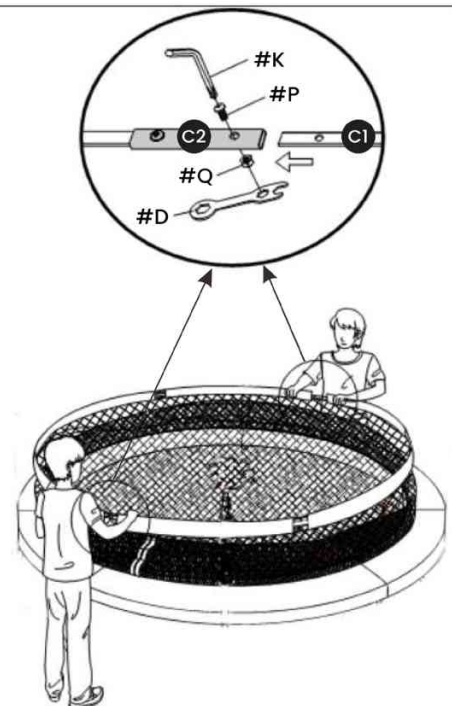
3

#### ! WARNING

Three adults are recommended for this step. Please ensure the assembled Flat Steel frames are held firmly during assembly to avoid them flexing back and causing injury.

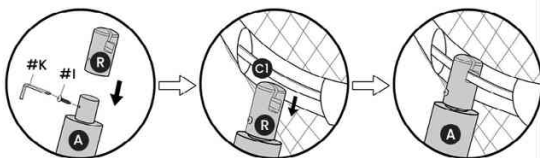
~ With two people firmly holding the ends of the assembled Flat Steel frame, push inward to form a circle. Align the holes and secure the ends with Bolt (#P), Cap Nut (#Q), Allen Wrench (#K) and Wrench (#D) as shown below. This should be done by the third person while the other two people are firmly holding the ends of the tubes in place.

NOTE: Once the enclosure top frame is assembled, make sure the connection points are covered by the enclosure sleeve.

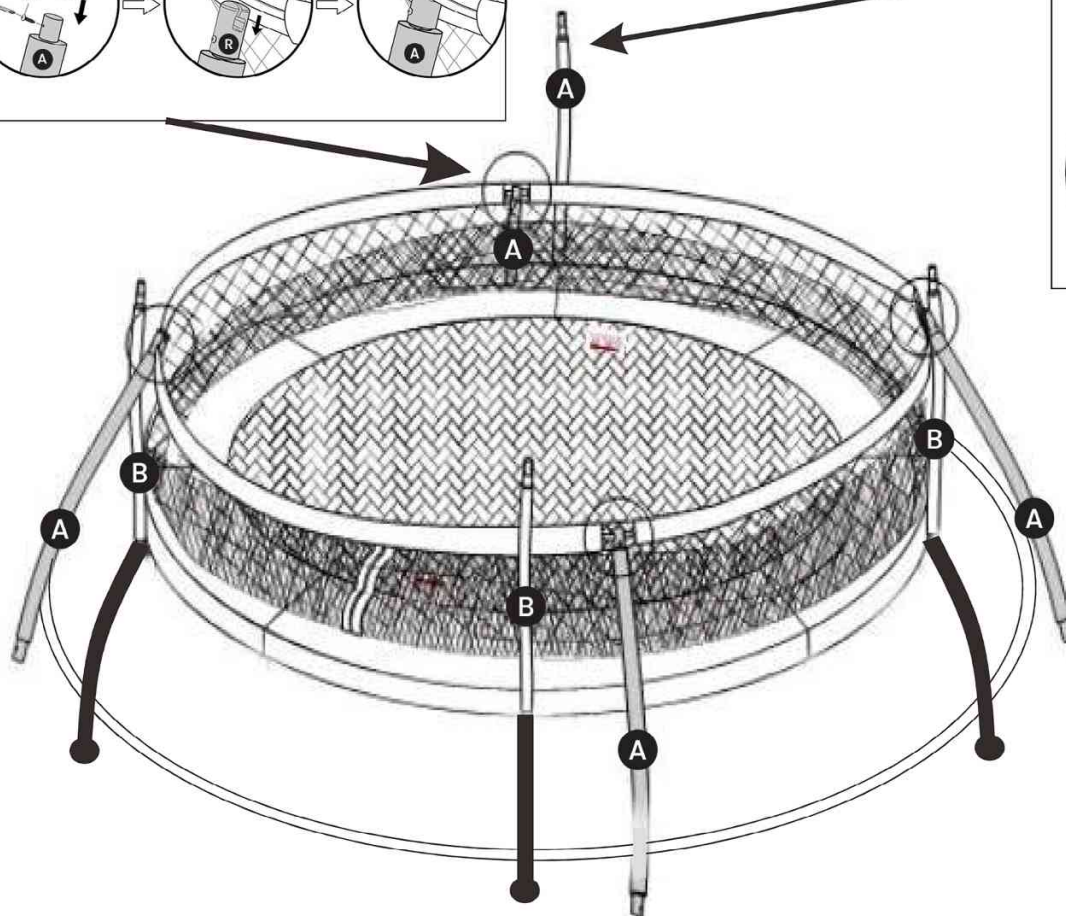
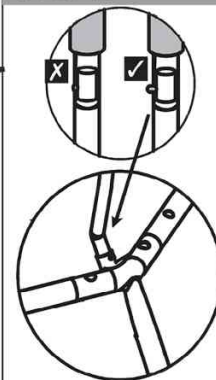


### 3.7. NET ATTACHMENT

#### STEP 1



#### STEP 2



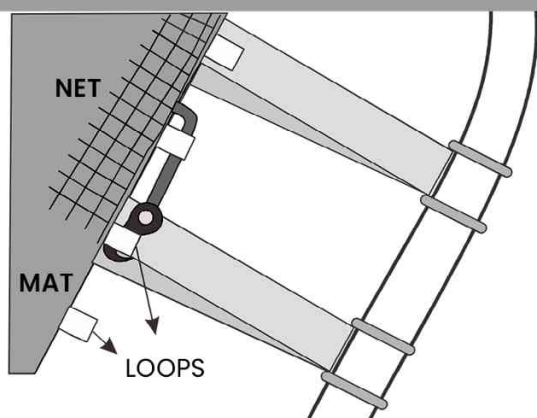
#### STEP 1

Attach Plastic Cap (# R) to the top of Upper Frame Tube with Foam (# A) Secure with Self-Locking Screw (#1) and tighten using Allen Wrench (#K). Attach the assembled Plastic Cap (# R) to the Flat Steel Bar (#C1) as shown above. Repeat in the same manner for all of the upper frame tubes.

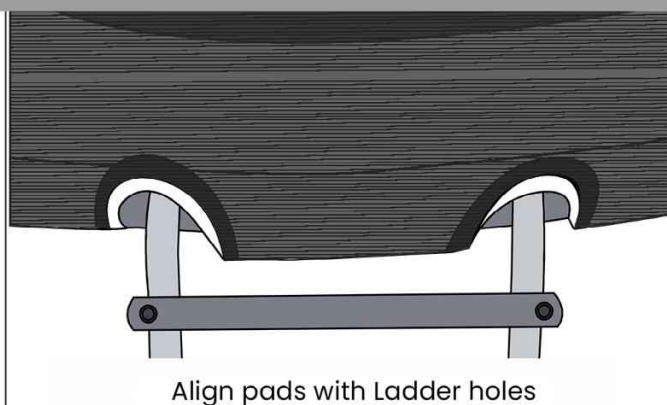
#### STEP 2

Insert bottom frame tube (B) into Leg bracket, make sure pop-pin fixed properly. Finally insert the upper frame tubes (A) into swage of bottom frame tubes (B), make sure pop-pin fixed properly.

#### STEP 3



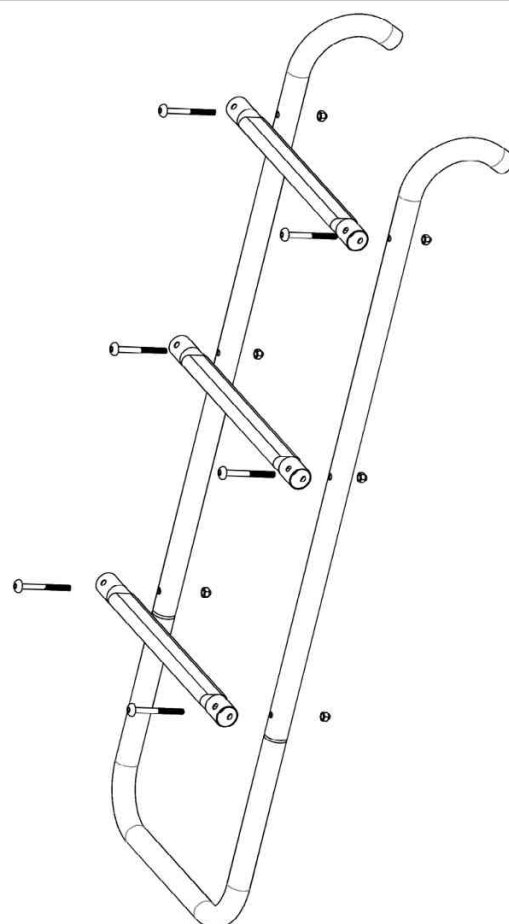
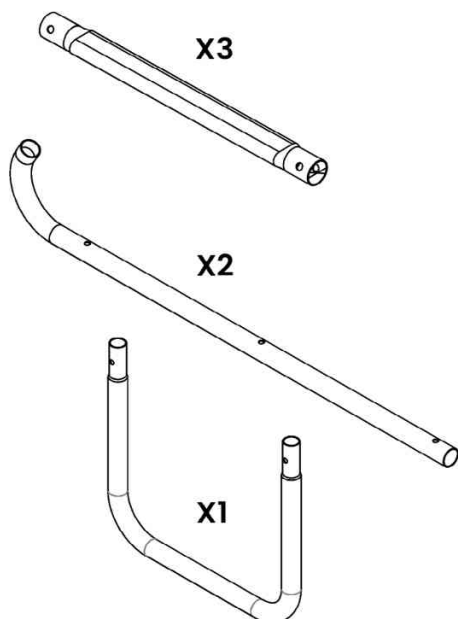
#### STEP 4



Align pads with Ladder holes

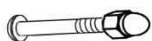


## LADDER ASSEMBLY

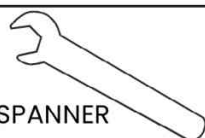


### PARTS

M6X35MM 6PCS



ALLEN KEY



SPANNER



## SECURING WITH ANCHORS

Anchor kits sold separately.

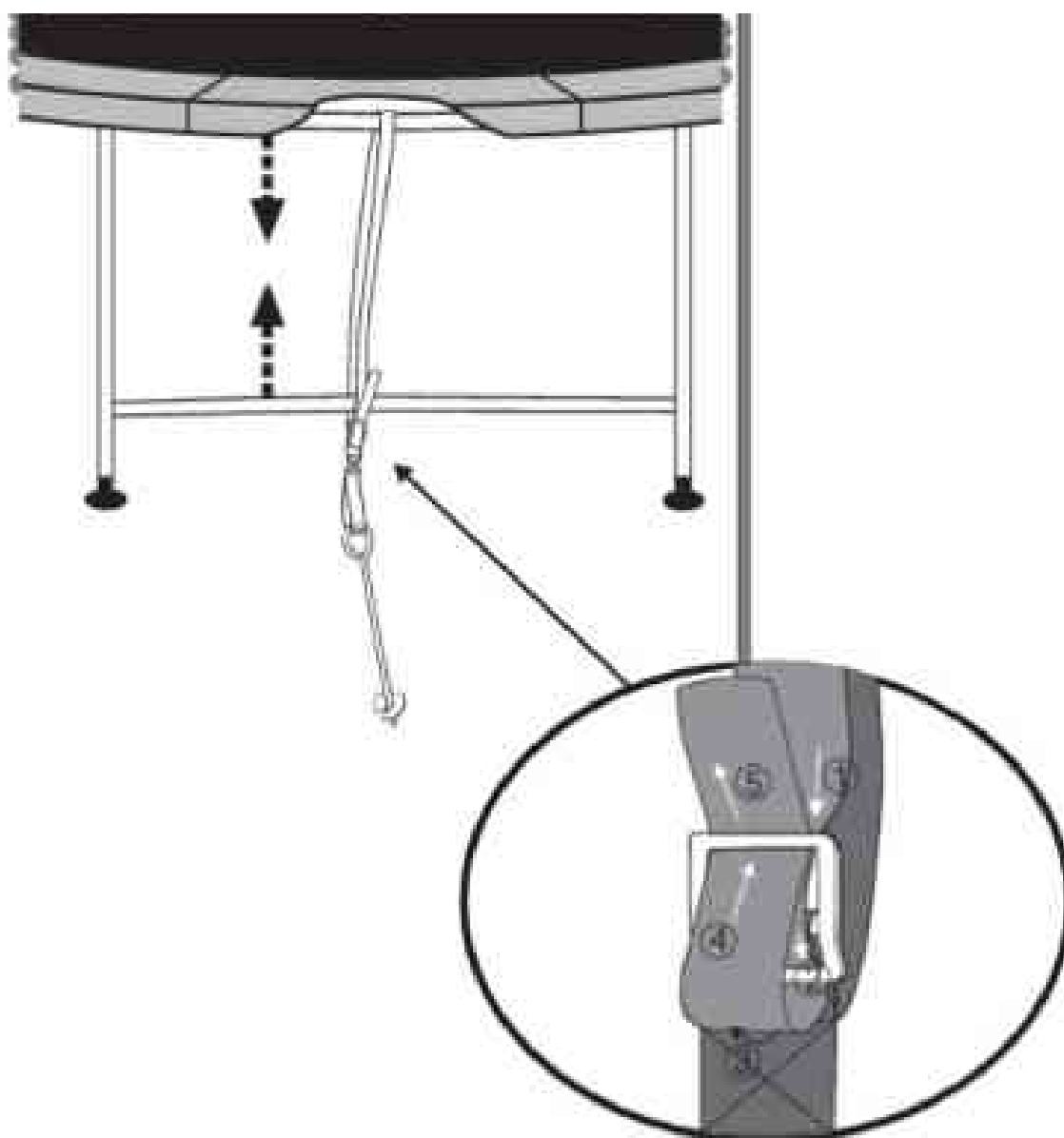
Trampoline anchor kits should be installed on the frame only.

Use only trampoline anchor kits or Lifespan Kids Trampoline Anchor Kits. DO NOT install any other type of anchors or mount on the plastic feet as this may not hold the trampoline properly.

Ensure straps for the anchors are tightened and properly secured into the ground.

**IMPORTANT:** Anchor kits can provide stability for trampoline and prevent movement during use, however severe and unpredictable weather conditions may still damage trampoline. It is recommended to take down the safety net and mat to prevent it from flying (as these parts can act like a sail during windy conditions) or move the trampoline undercover and secured.

Below is example of Lifespan Kids Trampoline Anchor Kit:



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## IV. SAFETY NET PRECAUTIONS

In addition to the instructions and precautions provided with your trampoline, the following precautions must be observed while using the Trampoline Safety Enclosure.

- The metal frame of the trampoline enclosure will conduct electricity. Lights, extension cords, and all such electrical equipment must never be allowed to come in contact with the enclosure.
- Inspect the enclosure before each use. Make sure the straps and all parts are correctly and securely positioned and attached. Tighten any loose hardware.
- Replace any worn, defective, or missing parts.
- Wear comfortable clothing free of hooks, snaps, drawstrings for anything which or catch in the safety enclosure mesh. Remove jewellery, necklaces, and earrings.
- Climb on and off the trampoline only through the safety enclosure entrance and securely close entrance when trampoline is in use. Users, especially children, must not attempt to enter or exit between the trampoline frame and the enclosure. Doing this may pose a strangulation risk.
- Do not touch or rebound off the safety enclosure mesh while using the trampoline. Read all instructions and complete all assembly before using the safety enclosure.
- Do not touch or hang off the safety ring (fibre pipe) at the top of the enclosure.
- Use trampoline and trampoline enclosure only with mature, knowledgeable supervision. Adequate overhead clearance is essential. A minimum of 9.5m from ground level is recommended. Provide clearance for wires, tree limbs, and other possible hazards. Lateral clearance is essential. Place the trampoline and trampoline enclosure away from walls, structures, fences, and other play areas. Maintain a clear space on all sides of the trampoline and trampoline enclosure. A minimum of 2 metres from frame edge is recommended.
- The trampoline is heavy and is under heavy tension. Three adults are required to set it up. Use appropriate clothing and shoes. Failure to follow these instructions may lead to injury or damage to the trampoline.
- Place the trampoline and trampoline enclosure on a level surface before use.
- Use the trampoline and trampoline enclosure in a well-lit area. Artificial illumination may be required for indoor or shady areas.
- Secure the trampoline and trampoline enclosure against unauthorized and unsupervised use.
- Remove any obstructions from beneath the trampoline and trampoline enclosure.
- The owner and supervisors of the trampoline and trampoline enclosure are responsible to make all users aware of practices specified in the "Use Instructions".
- The trampoline enclosure is only to be used as an enclosure for a trampoline and the trampoline must be of the appropriate size covered by the specific enclosure.

- Do not allow more than one person on the trampoline or inside the trampoline enclosure. Use by more than one person at the same time can result in serious injuries.
- Use trampoline and trampoline enclosure only with mature, knowledgeable supervision.
- Never set-up the trampoline in heavy rain, wind or storm conditions, especially lightning storms. It is recommended that the trampoline be taken apart and stored in bad weather. When moving the assembled trampoline and trampoline enclosure have at least four people evenly spaced around the frame (NSEW) to lift the trampoline off the ground. Inspect that trampoline and trampoline enclosure before each use. Make sure that frame cover, barrier and, enclosure support padding are correctly and securely positioned.
- Replace any worn, defective, or missing parts.

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## V. MAINTENANCE

Inspect the trampoline and trampoline enclosure before each use and replace any worn, defective, or missing parts.

The following conditions could represent potential hazards:

1. Missing, improperly positioned, or insecurely attached frame padding, barrier or enclosure support system (frame) padding and pole caps.
2. Punctures, frays, tears, or holes worn in the bed or frame padding, barrier or enclosure support system (frame) padding and pole caps.
3. Deterioration in the stitching or fabric of the bed or frame padding, barrier or enclosure support system (frame) padding and pole caps.
4. Ruptured springs or bands.
5. A bent or broken frame or support system.
6. A sagging barrier or bed.
7. Sharp protrusions on the support (frame) or suspension system.
8. Loosened or missing hardware.

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## VI. CLEANING

Do not use any abrasive cleansers for the cleaning. Use a soft, damp cloth to eliminate dirt and dust.

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## VII. EXERCISE DIAGRAMS

### FUNDAMENTAL BOUNCES



Standing Bounce



Knee Bounce



Front Drop



Hands & Knee Drop



Back Drop



Seat Drop



Tuck Position



Pirouette



Pike Position



Straddle Position



Layout Position

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## VIII. WARRANTY

### AUSTRALIAN CONSUMER LAW

Many of our products come with a guarantee or warranty from the manufacturer. In addition, they come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage.

You are entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure. Full details of your consumer rights may be found at **[www.consumerlaw.gov.au](http://www.consumerlaw.gov.au)**.

Please visit our website to view our full warranty terms and conditions:  
**[www.lifespankids.com.au/Warranty-Policy-Kids](http://www.lifespankids.com.au/Warranty-Policy-Kids)**

### WARRANTY AND SUPPORT

Any claim against this warranty must be made through your original place of purchase. Proof of purchase is required before a warranty claim may be processed. If you have purchased this product from the Official Lifespan Kids website, please visit **[www.lifespankids.com.au/warranty-form](http://www.lifespankids.com.au/warranty-form)**

For support outside of warranty, if you wish to purchase replacement parts or request a repair or service, please visit **[www.lifespankids.com.au/warranty-form](http://www.lifespankids.com.au/warranty-form)** and fill in our Repair/Service Request Form or Parts Purchase Form.





